

## Privacy Policy

Orchard Leigh Hypnosis

At Orchard Leigh Hypnosis, we understand the importance of privacy and are committed to protecting the confidentiality and security of your personal information. This Privacy Policy outlines how we collect, use, disclose, and safeguard your personal data when you interact with our hypnotherapy services. Please read this policy carefully to understand our practices regarding your personal information.

**Information We Collect:** We may collect various types of personal information, including but not limited to:

- Contact information (e.g., name, address, phone number, email address)
- Health and medical information relevant to your hypnotherapy sessions
- Payment and billing information

**How We Use Your Information:** We may use the information we collect for the following purposes:

- Providing and managing hypnotherapy services
- Personalising your experience and tailoring sessions to your needs
- Billing and processing payments
- Communicating with you about appointments, changes, or updates
- Complying with legal obligations

**Information Sharing and Disclosure:** We will never sell or rent your personal information to third parties. However, we may share your information in the following situations:

- With your explicit consent or at your direction
- With trusted third-party service providers who assist us in delivering our services (e.g., payment processors)
- To comply with applicable laws, regulations, or legal processes
- To protect our rights, safety, or property, as well as the rights, safety, or property of others

**Data Retention:** We will retain your personal information for as long as necessary to fulfil the purposes outlined in this Privacy Policy, unless a longer retention period is required or permitted by law.

**Security Measures:** We are committed to protecting your personal information and have implemented appropriate security measures to safeguard against unauthorised access, disclosure, alteration, or destruction of your data.

**Your Rights:** You have certain rights regarding your personal information, including the right to access, correct, or delete your data. If you wish to exercise these rights or have any concerns about your privacy, please contact us using the information provided below.

**Third-Party Websites:** Our website or hypnotherapy services may contain links to third-party websites. Please note that we have no control over the privacy practices or content of these websites, and we encourage you to review their respective privacy policies.

**Changes to this Privacy Policy:** We reserve the right to update or modify this Privacy Policy at any time. Any changes will be posted on our website, and we encourage you to review this policy periodically.

**Contact Information:** If you have any questions, concerns, or requests regarding this Privacy Policy or our privacy practices, please contact us via the contact page on our website or via email: [www.orchardleigh.uk](http://www.orchardleigh.uk), [hypno@orchardleigh.uk](mailto:hypno@orchardleigh.uk).

By continuing to use our hypnotherapy services, you acknowledge that you have read and understood this Privacy Policy and consent to the collection, use, and disclosure of your personal information as described herein.