

## Disclaimer

Orchard Leigh Hypnosis

The following disclaimer outlines important information about the services provided by Orchard Leigh Hypnosis. Please read this disclaimer carefully before engaging in our hypnotherapy services. By using our services, you acknowledge that you have read, understood, and agreed to the terms and conditions stated in this disclaimer.

**Scope of Services:** Orchard Leigh Hypnosis offers professional hypnotherapy services to assist individuals in achieving personal goals, enhancing well-being, and promoting positive change. However, it is essential to note the following:

- Hypnotherapy is not a substitute for medical, psychological, or psychiatric treatment.
- The hypnotherapist does not diagnose medical or mental health conditions or provide medical advice.
- If you have a medical or mental health condition, it is recommended that you consult with a qualified healthcare professional before engaging in hypnotherapy.

**Individual Results:** Individual experiences and outcomes may vary when it comes to hypnotherapy. While many individuals benefit from hypnotherapy, there is no guarantee of specific results or outcomes. The effectiveness of hypnotherapy depends on various factors, including your commitment, willingness to participate, and individual circumstances.

**Personal Responsibility:** As a client of Orchard Leigh Hypnosis, you understand and agree to the following:

- You are responsible for your own well-being and decisions.
- Hypnotherapy sessions are conducted on a voluntary basis, and you have the right to stop or discontinue sessions at any time.
- It is important to disclose any relevant medical or mental health information accurately to ensure your safety and well-being during hypnotherapy.

**Potential Risks:** Hypnotherapy is generally considered safe; however, it may not be suitable for everyone. It is essential to be aware of the potential risks and limitations associated with hypnotherapy, including:

- Hypnosis may bring up emotional or psychological responses, which could temporarily intensify your current condition or emotions.
- Some individuals may experience temporary discomfort, drowsiness, or light-headedness during or after hypnosis.
- Hypnotherapy may not be effective for all individuals or all types of conditions.

**Confidentiality:** We are committed to maintaining the confidentiality and privacy of your personal information and the information shared during hypnotherapy sessions. However, it is important to note that there are limits to confidentiality, as outlined in our Privacy Policy and as required by law.

**Personal Liability:** By engaging in our hypnotherapy services, you agree that Orchard Leigh Hypnosis and its hypnotherapist shall not be held liable for any direct, indirect, incidental, consequential, or other damages resulting from your use of the services or any actions or decisions you make as a result of hypnotherapy.

**Consent:** By using our hypnotherapy services, you provide your informed consent to participate in hypnotherapy sessions and acknowledge that you have read and understood this disclaimer.

If you have any questions, concerns, or requests regarding this Privacy Policy or our privacy practices, please contact us via the contact page on our website or via email: [www.orchardleigh.uk](http://www.orchardleigh.uk), [hypno@orchardleigh.uk](mailto:hypno@orchardleigh.uk).

Please note that this disclaimer may be subject to change or modification at any time. It is your responsibility to review the disclaimer periodically for any updates or changes. By using our hypnotherapy services, you acknowledge that you have read, understood, and agreed to the terms and conditions stated in this disclaimer.